

50 weeks in the word

- Each week:
- One Chapter
- One Verse
- One Bible Study

Job 38:4

*Where were you when I laid the
foundation of the earth?*

Tell me, if you have understanding.

rooted



 **faith**church
STATESVILLE

SPIRITUAL DISCIPLINES

healthy balance

- If you only pursue spiritual discipline without experience, you risk having a legalistic mindset.
- If you only pursue experience without being rooted in spiritual disciplines, then you risk being tossed to and fro.
- Experience gives life to discipline, and discipline gives lasting change to experience.

rooted



 **faith**church
STATESVILLE

SPIRITUAL DISCIPLINES

**rooted:
what's wrong with
you?**

questions

- Is there a difference in repentance and confessing your sins?
- What is actually needed to gain salvation and entrance into the Kingdom of God?
- What does the believer gain through repentance and confession?

mark 1:14–15

Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, and saying, “The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.” (ESV)

1 john 1:8–10

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say we have not sinned, we make him a liar, and his word is not in us.

is there a difference?

- Absolutely!
- The church has done a disservice to people by making them mean the same thing.
- The Bible presents two different and distinct actions when speaking about repentance and confessing your sins.

metanoia

- This is the word used for repentance.
 - Jesus uses this word and this word was the basis for his ministry.
- *Metanoia* is changing your mind and your direction or actions.
- When used in the New Testament it is a call to turn from your way and believe Jesus is Lord.
 - **Acts 19:4:** *And Paul said, “John baptized with the baptism of repentance, telling the people to believe in the one who was to come after him, that is, Jesus.”*

homologeō

- This is the word we translate as “confess.”
 - The word means to say the same as another or to concede to a truth.
- This is most mentioned in conjunction with confessing that Jesus is Lord.
 - Only 2 times is it tied to confessing your sins.
- *Exomologeō* is the act of confessing something and is found in James 5.
 - **James 5:16a:** *Therefore, confess your sins to one another and pray for one another, that you may be healed.*

salvation

- What must you do to be saved?
 - **John 14:6:** *Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.*
 - **John 3:16:** *“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.*
 - **Matthew 10:32:** *So everyone who acknowledges [homolegeo] me before men, I also will acknowledge before my Father who is in heaven,*
 - **Acts 2:21:** *And it shall come to pass that everyone who calls upon the name of the Lord shall be saved.’*

salvation

- *Acts 2:38: And Peter said to them, “Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit.*
- *Acts 16:30–31: Then he brought them out and said, “Sirs, what must I do to be saved?” And they said, “Believe in the Lord Jesus, and you will be saved, you and your household.”*
- *Romans 10:9–10: because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved.*

salvation

- None of those verses make “confessing your sins” a prerequisite for gaining the free gift of salvation.
 - **Ephesians 2:8:** *For by grace you have been saved through faith. And this is not your own doing; it is the gift of God,*
- Then the church should not make “confessing sins” a prerequisite for someone to come to the altar.
- What’s the big deal?

so what's needed?

- Repenting and confessing that Jesus is Lord.
 - Pledging your life's allegiance to Jesus.
- Repenting is to change your direction of life and living and align it with Jesus.
- As you do this you verbally declare that Jesus is Lord, the only one with the ability to save you.
- This causes you to be born again.

born again

- John 3:3: *Jesus answered him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God."*
- Titus 3:5: *he saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration [rebirth] and renewal of the Holy Spirit,*

the problem

- There are people who felt sorry because they did something wrong, told Jesus they were sorry but never changed their direction and made Jesus Lord of their lives.
- It is easy to scare someone with hell (which is real) and get them to say sorry for doing bad things.
- It is difficult for someone to abandon their life and way of thinking to follow Jesus.

the problem

- A gospel that focuses on “confessing your sins” and makes no mention of aligning your allegiance to Jesus creates false converts.
- Allegiance to Jesus causes you to be born again fully renewed as a new creation.
- And if you truly repent and turn your life to God, you may think you have confessed your sins and you have not.

confessing

- 1 John 1:9: *If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.*
- This verse is written to Christians.
- Unconfessed sin can bring unrighteousness into our lives.

confessing

- James 5:15-16: *And the prayer of faith will save [sozo] the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Therefore, confess your sins to one another and pray for one another, that you may be healed [iaomai]. The prayer of a righteous person has great power as it is working.*
- The prayer of faith will *sozo* [save, heal deliver] and after confession you can be *iaomai* [physically whole].

the breakdown

Repentance

- Change one's mind and actions
- Needed for salvation
- Transfers you into the kingdom
- Brings true life change

Confessing

- To acknowledge and admit your sin
- Not needed for salvation
- Follows life change
- Needed for healing (physical, spiritual, emotional)

leaving it on the table

- God is far too good and awesome to miss what He wants to do in our lives.
- If you are here and have been convicted, then settle accounts with Jesus right now.
- Jesus wants all of you.
 - He wants your whole life's allegiance to Him.
 - He wants to cleanse you of every part of unrighteousness.

reflection

- Settle accounts.